




**Able Respite promotes family ties,  
independence for service users and a  
break for those who care.**

Able Respite appreciates the many challenges faced by carers and the demanding role of providing daily support for people with disabilities. Able Respite provides 'time-out' for both the individual being supported and their carer. Responsive to individual needs, Able Respite aims to provide a quality experience for both the carer and the person requiring support.



**Able's newest respite facility is known as Southern Intensive Respite Support (SIRS) and in the interim is located in Bonbeach, Victoria. Site will relocate to Southern Region in early to mid 2010.**

**What is SIRS?**

A respite facility for people with a disability (there are 3 beds available at the house)

**Who is eligible to receive services?**

12 -18 year old people with Autism and/or behaviors of concern attending a school in Southern Region.

**When is the service available?**

The service runs from 3:00pm Friday-10:30am Monday every week, and all of the school holidays.

**How does a person get involved?**

Via case management referral or via the online self-referral booking system.

**Is there a cost?**

Yes there is a cost for respite services. To find out the fee structure contact Able Australian on the details below.

**How do I contact Able Australia?**

Call Able Respite Manager on 1300 225 369 or email [respite@ableaustralia.org.au](mailto:respite@ableaustralia.org.au)

Able Australia is a disability support organisation that provides services to people living with multiple disabilities. Able Australia's mission is to create a community where people with multiple disabilities are seen, heard, respected, valued and connected.